

# RECOMMENDED READING

*The Art and Science of Grazing* – Sarah Flack

*Braiding Sweetgrass* – Robin Wall Kimmerer

*The Carbon Farming Solution* – Paul Hawkin

*Cows Save the Planet* – Judith D. Schwartz

*Defending Beef: The Ecological and Nutritional Case for Meat* – Nicolette Hahn Niman

*Dirt to Soil* – Gabe Brown

*Dirt: The Erosion of Civilizations* – David Montgomery

*Farmacology* – Daphne Miller

*Farming While Black* – Leah Penniman

*Folks, This Ain't Normal: A Farmer's Advice for Happier Hens, Healthier People, and a Better World* – Joel Salatin

*Gaia's Garden: A Guide to Home-Scale Permaculture* – Toby Hemenway

*Gaining Ground: A Story of Farmers' Markets, Local Food and Saving the Family Farm* – Forrest Pritchard

*Grass, Soil, Hope* – Courtney White

*Grounded: A Fierce, Feminine Guide to Connecting with the Soil and Healing from the Ground Up* – Erin Yu-Juin McMorrow

*Growing a Revolution: Bringing Our Soil Back to Life* – David R. Montgomery

*Holistic Management Handbook: Regenerating Your Land and Growing Your Profits* – Jody Butterfield, Sam Bingham and Allan Savory

*Permaculture: A Designer's Handbook* – Bill Mollison

Find more resources at [www.kisstheground.com/resources](http://www.kisstheground.com/resources)



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*Radical Regenerative Gardening and Farming: Biodynamic Principles and Perspectives* – Frank Holzman

*Rodale's Basic Organic Gardening: A Beginner's Guide to Starting a Healthy Garden* – Deborah L. Martin

*The Rodale Book of Composting* – Grace Gurshuny and Deborah L. Martin

*Restoration Agriculture* – Mark Shepard

*The Soil Will Save Us* – Kristin Ohlson

*Tending the Wild: Native American Knowledge and the Management of California's Natural Resources* – M. Kat Anderson

*Water in Plain Sight* – Judith D. Schwartz



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