

RECOMMENDED READING

The Art and Science of Grazing – Sarah Flack

Braiding Sweetgrass – Robin Wall Kimmerer

The Carbon Farming Solution – Paul Hawkin

Cows Save the Planet – Judith D. Schwartz

Defending Beef: The Ecological and Nutritional Case for Meat – Nicolette Hahn Niman

Dirt to Soil – Gabe Brown

Dirt: The Erosion of Civilizations – David Montgomery

Farmacology – Daphne Miller

Farming While Black – Leah Penniman

Food Planet Future: The Art of Turning Food & Climate Perils Into Possibilities – Robert Dash

Folks, This Ain't Normal: A Farmer's Advice for Happier Hens, Healthier People, and a Better World – Joel Salatin

Gaia's Garden: A Guide to Home-Scale Permaculture – Toby Hemenway

Gaining Ground: A Story of Farmers' Markets, Local Food and Saving the Family Farm – Forrest Pritchard

Grass, Soil, Hope – Courtney White

Grounded: A Fierce, Feminine Guide to Connecting with the Soil and Healing from the Ground Up – Erin Yu-Juin McMorrow

Growing a Revolution: Bringing Our Soil Back to Life – David R. Montgomery

Find more resources at www.kisstheground.com/resources



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RECOMMENDED READING

Holistic Management Handbook: Regenerating Your Land and Growing Your Profits – Jody Butterfield, Sam Bingham and Allan Savory

Permaculture: A Designer's Handbook – Bill Mollison

Radical Regenerative Gardening and Farming: Biodynamic Principles and Perspectives – Frank Holzman

Rodale's Basic Organic Gardening: A Beginner's Guide to Starting a Healthy Garden – Deborah L. Martin

The Rodale Book of Composting – Grace Gurshuny and Deborah L. Martin

Restoration Agriculture – Mark Shepard

The Soil Will Save Us – Kristin Ohlson

Tending the Wild: Native American Knowledge and the Management of California's Natural Resources – M. Kat Anderson

Water in Plain Sight – Judith D. Schwartz



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